

Creativity Course Bundle “Possible Presence and Play” July 17- Sept 3

Summer Focus: re-Commit and Curiosity

Feel like keeping yourself creative with ZERO stakes and maximum autonomy? Let's cultivate a sense of play and practice creativity together.... apart.

Each week I'll send:

-Daily Prompts(for 5 minute freewrites)

-A Menu of playful assignments/activities (writing, improv, video or mindfulness) that you can do on your own to stretch, play and just generally fuck around(and you can send them to ME for accountability:)...)

...And...

There are two (optional) zoom workshops. One July 16th(depending on the time zones of the final group) and one mid- August.

Main goal : Explore/Create/Engage

Anything else is gravy and you'll be able to decide your level of engagement at all times.

In a lot of the circles I'm in there seems to be a pull to commit or re-commit right now. To self, to art, to play, to the thing you have been saying you're going to do for the last <insert length of life lives so far here.> 1. Amazing. How scary and wonderful to be there.here. 2. It's always more fun to approach these things in a community of people. Because 1. Light accountability and 2. Recognition of humanity and inevitable failure/s(big and small.)

As always I'm offering it super sliding scale \$50-200 (I don't want price to be a barrier for anyone so if you can't pay but wanna play just let me know- no questions asked.)

Reserve by July 12th.

Don't hesitate to reach out with questions or to secure a spot.