

Anděl Sudik

Objective: To guide artists in uncovering their unique voice, practicing play and putting emphasis on the process over product. Her background in long and short form improvisation as well as theater, sketch and commercial work gives her approach both flexibility as well as real world practical application.

EXPERIENCE

The Second City Chicago, Il — Improvisation & Writing

2005-PRESENT

Instructor in the Beginning, Advanced, Improv For Actors, Conservatory, Writing, Improv for Anxiety, Humor Doesn't Retire, & Teen & Youth Programs

- *Create an inclusive and artistic environment within a historic system
- *Teach the tenants of improvisation and collaborative sketch writing using the TC curriculum while also keeping it fresh and line with her personal philosophy

Revival Theater Hyde Park, Il — Improvisation

2014-2016

Summer Camp Counselor and Improv teacher for ages 9-12 and beginners

- *Design curriculum for the new theater & camps
- *Create an environment and an experience for the Hyde Park community that reaches back to its roots.
- *Host student shows

After School Matters, Chicago, Il — Co-Instructor

2011

- *Teach improvisation and create curriculum for an underserved community
- *Problem solve difficult and unexpected aspects of the after school program while remaining open and steadfast

The Improv Retreat The Perlman Retreat, Wisconsin

2014-PRESENT

- *Foster a feeling of inclusivity
- *Host a forum for female-identifying improvisers

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SKILLS

Time Management

Well versed in different communication styles

Creating actionable lessons and hands-on instruction.

Group Dynamics and management

Active Listening

Experiential Teaching

VOLUNTEER

Corrymeela - Volunteer at a Peace and Reconciliation Center

L'Arche Highland Live in Care Assistant for folks with disabilities

Crisis Text Line Volunteer
Crisis Counselor

Unconditional Freedom Project Volunteer Letter writer

CERTIFICATIONS

Children's Yoga-Mission Propelle

Care Work-Scottish Social Services

First Aid and CPR

Independent Improvisational and Sketch Workshops, Lectures & Intensives

UCDavis, The Improv Shop- St Louis, The Nest Theater-Columbus, OH;
Thy Neighbor's Goat-Bucharest Romania; Under the Tone-Dublin,
Ireland; WonderFrog- Belfast Northern Ireland; Accidental
Theatre-Belfast, NI; Renegade Saints-Geneva; Monkey Business
Institute-Madison, WI; Ollie-Northwestern Chicago Il; U of C Booth
School of Business, LEAD; OKC-Oklahoma City; The New Movement-New
Orleans, LA; Annoyance Theater, Chicago, Il

Festival Appearances

Neverending-Bucharest,RO; Village Theater-Atlanta Georgia; OoB
Festival Austin, TX; Omaha Improv Festival-Omaha, NE; PIF-Providence,
RI; Improv Utopia; Big If-Barcelona; Oslo Improv Festival-Norway;
Welcome!-Rome, IT;; Gladstone-KC, Missouri; Iceland Improv
Festival-Reykjavik; National Festival 9-Bucharest, RO